

FALEMOS POSITIVO

**Are you Latin American
and living with HIV?**

We are looking to build a group of change-making Latin American people living with HIV. Together we will learn about and reflect on HIV stigma and its impact on our lives.

Through a series of creative workshops we will develop a set of assets in Spanish and Portuguese to help increase community understanding of how to recognise and address HIV stigma.

HABLEMOS POSITIVO

SPEAKING POSITIVE

**A project tackling internalised stigma affecting
Latin American women, trans people and gay men**

The ABC of HIV Revisiting the basics 23.06.22 - 6pm to 8pm

Introductory session, learn and reflect on internalised stigma, get to know your fellow peers and join us for "HI-Vingo" a HIV myth busting themed quiz.

Abanderadxs A collective flag making workshop 30.06.22 - 6pm to 8pm

A unique workshop to reflect on what it means to live with HIV and together create a flag to represent people living with HIV, we will be using reclaimed and donated materials.

HIV and Me A life drawing exploration 07.07.22 - 6pm to 8pm

In the first part participants will be asked to draw a model as an introduction to life drawing, in the second part using mirrors we will draw ourselves and how we think people perceive us.

Better Futures Learning to use our voice through creative writing 14.07.22 - 6pm to 8pm

In this session a creative writer will share techniques and tips to help participants write pieces that explore better futures for themselves and their communities.

Internalised Stigma & Mental Health Two dates TBC - 6pm to 8pm

Two counsellors will be leading therapeutic sessions in Spanish and Portuguese for participants to deepen the work done during the creative sessions.

Pyjama Party Time to have fun and relax 06.08.22 - 5pm - Late

After all the work that we have done together, this is an opportunity to debrief, get together, share food, enjoy each other's company, and pamper ourselves! Expect facials, food, games and good music.

**¿Preguntas?
roberto@numerodeserie.org**

METRO
Embrace Difference

NAZ
SEXUAL HEALTH FOR EVERYONE

**NÚMERO
DE SERIE**